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Gastroscopy (Upper Gastrointestinal Endoscopy) Information

PROCEDURE DATE: _____

LOCATION:
- ☐ SJOG Specialist Centre, 83 Myers Street, Geelong (Ph: 5226 1393)
- ☐ SJOG Main Hospital, 80 Myers Street, Geelong (Ph: 5226 8888)
- ☐ Geelong Private Hospital, Cnr Bellerine & Ryrie Streets, Geelong (Ph: 5226 1600)
- ☐ Gretta Volum Centre, Geelong Hospital, Bellerine Street, Geelong (Ph: 4215 2841)

What is "gastroscopy"?

Gastroscopy involves the use of a flexible tube to examine the upper intestinal tract including the oesophagus, stomach and duodenum. This procedure is commonly performed if there is suspicion that you have an ulcer, inflammation infection or other abnormality in the upper intestinal tract. Biopsies (small tissue samples) may be taken during the procedure.

You will be given intravenous sedation by an anaesthetist. The procedure will take between five and fifteen minutes to perform. You will be sleepy for about half an hour following the procedure.

Preparation

You will need to fast for at least four (4) hours prior to your procedure, nothing to eat or drink.

Post Procedure Care

The sedation used for your procedure may affect your memory for some time after the procedure. You may find that you are unable to recall details of your discussion with Dr Prewett. If you do not recall discussions you have had before or after the procedure, please contact your doctor.

Risks and Complications

Gastroscopy is usually simple and safe for patients unless they have serious heart or chest problems.

The most common complications which can occur are reaction to the sedative medication or damage to the oesophagus at the time of the procedure

A number of rare side effects can occur with any endoscopic procedure. If you wish to discuss the rare complications, please contact your doctor prior to the procedure.

NIL BY MOUTH FROM Midnight / 9.00am

SJOG Specialist Centre or Geelong Private Hospital patients: you will be contacted about midday the business day prior to your procedure to confirm your admission time.

Geelong Hospital patients: please contact the hospital the business day prior to your procedure to confirm your admission time.

PLEASE NOTE:

- Take regular medications (except iron tablets) with a sip of water
- You will **NOT** be able to drive yourself home and should arrange for someone to drive you
- You should also arrange for someone to be with you for the remainder of the day and overnight
- If you develop vomiting, fever or other symptoms that cause you concern, contact your doctor immediately
- Diabetic patients, please bring your usual diabetic medications with you and pay special attention to medication instructions